



## Baked Chicken & Spinach

### Ingredients

1 Bag of Raw Spinach  
1 Pound Pack of Boneless Chicken Breasts or Tenders  
2 Tbs of Minced Garlic  
Feta Cheese  
Olive Oil  
Marinara or Spaghetti Sauce  
Italian Bread Crumbs  
Parmesan Cheese

- Empty entire bag of spinach into a 8" x 11" (2 qt.) glass baking dish
- Sprinkle minced garlic over spinach
- Lay raw chicken over spinach and garlic
- Coat chicken with marinara or spaghetti sauce (or instead of sauce layer with fresh tomato slices)
- Sprinkle entire dish with a layer of feta cheese
- Sprinkle entire dish with a layer of Italian bread crumbs
- Drizzle olive oil over entire dish

Bake at 375 degrees until spinach is wilted, chicken is thoroughly cooked (approx. 30 to 40 minutes)

*Serve topped with warmed marinara or spaghetti sauce, grated parmesan cheese and garlic bread.*

